



WELCOME

M'akola realizes the importance for a supportive, affordable, and suitable housing complex which meets the needs of Elders, seniors and people with disabilities in our community.

We are proud to offer assisted living opportunities through Ts'i'ts'uwatul Lelum in partnership with Cowichan Tribes, BC Housing and Island Health.

ABOUT TS'I'TS' UWATUL' LELUM

Ts'i'ts'uwatul Lelum is a four-storey building providing 50 homes to Elders, seniors and people with disabilities.

Ts'i'ts'uwatul Lelum is a Coast Salish word in the Hul'qumi'num language meaning home for helping each other. Ts'i'ts'uwatul Lelum is pronounced Ts-ee-tsu-wa-tul Lay-lum.

Ts'i'ts'uwatul' Lelum

pronounced
(Ts-ee-tsu-wa-tul Lay-lum)

Hul'qumi'num for Home for
Helping Each Other.

FEATURES AND SERVICES

Our facility is situated close to essential services including medical professionals, pharmacy, grocery store, banks and coffee shops.

Hospitality and Services Include:

- Two meals per day (lunch and dinner), as well as snacks, served in the dining room
- Weekly light housekeeping
- Weekly linens (towels and sheets)
- 24-hour on-site emergency response
- Wireless (pendant) personal call system

Unique Housing Features Include:

- Activity / Craft room
- Outdoor gathering space
- Computers and internet access
- Theatre room
- Common laundry facilities
- Assisted bathing room



PERSONAL CARE

Trained community health workers are available to provide assistance with personal care and medication management as arranged by the Island Health.

MONTHLY FEE

70% of household after-tax income (net income).



OPERATING PHILOSOPHY

At M'akola we provide assisted living support services in a culturally sensitive and appropriate manner to Elders, seniors and people with disabilities.

Our facility is designed and operated in a manner that celebrates and incorporates Indigenous culture.

DETERMINING ELIGIBILITY

For more information on assisted living, and to determine eligibility for our facility, please contact Island Health.

Island Health General Inquiries

Toll Free: 1-888-533-2273



Ts'i'ts'uwatul' Lelum
Assisted Living

Phone: (250) 597-2252 Fax: (250) 597-2251
5755 Allenby Rd. Duncan BC, V9L 0E6



M'AKOLA
HOUSING SOCIETY

M'akola Housing Society is the largest Indigenous affordable housing provider in British Columbia serving more than 5,000 family members. M'akola manages more than 1,600 homes serving both Indigenous and non-Indigenous people.

We provide housing and operate across Vancouver Island and Northwest BC and have nearly 100 full-time employees

www.makola.bc.ca

Phone: 250-597-2252

Email: info@makola.bc.ca



Ts'i'ts'uwatul' Lelum
Assisted Living

makola.bc.ca



Cowichan Tribes
cowichantribes.com



Island Health
viha.ca/hcc/assisted



BC Housing

BC Housing
bchousing.org

